

Karnack ISD Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4TH Mini Pancakes
Sausage Links
CTC Cereal
Cheese Stick
100% Juice

5TH Biscuit/Sausage
Gravy
Scrambled Eggs
Lucky Charms
Cheese Stick
100% Juice

6TH Oatmeal/ Bacon
Apple Cinnamon
Cheerios
Cheese Stick
100% Juice

7TH Banana Muffin
Go-Gurt
CTC Cereal
Cheese Stick
100% Juice

1ST Assorted Cereal
Cereal Bars
Cheese Stick
100% Juice

8TH Breakfast Pizza
Cereal Bars
Cheese Stick
100% Juice

11TH

12TH

13TH

14TH

15TH

SPRING BREAK!

18TH Mini Pancakes
Sausage Links
CTC Cereal
Cheese Stick
100% Juice

19TH Biscuit & Sausage
Lucky Charms
Cheese Stick
100% Juice

20TH Oatmeal/ Sausage
Apple Cinnamon
Cheerios
Cheese Stick
100% Juice

21ST Banana Muffin
Go-Gurt
CTC Cereal
Cheese Stick
100% Juice

22ND Breakfast Pizza
Cereal Bars
Cheese Stick
100% Juice

25TH Mini Pancakes
Sausage Links
CTC Cereal
Cheese Stick
100% Juice

26TH Biscuit & Sausage
Lucky Charms
Cheese Stick
100% Juice

27TH Oatmeal/ Sausage
Apple Cinnamon
Cheerios
Cheese Stick
100% Juice

28TH Banana Muffin
Go-Gurt
CTC Cereal
Cheese Stick
100% Juice

29TH

GOOD FRIDAY!!!
No School!!!

MAR

MENU 2024

PADRE ISLAND



ANNOUNCEMENTS:

National School
Breakfast Week
March 4th-8th

Spring Break
March 11th-15th

Students must take ½
cup Fruit and/or
Vegetable with each
meal daily.

Menus are subject to
change due to product
availability.



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Updated 3/1/2024
www.SquareMeals.org

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Karnack ISD
Lunch Menu

4TH Macaroni and Beef
Steamed Carrots
Buttered Rolls
Applesauce

5TH Crisпитos
Cheese Sauce
Refried Beans
Garden Salad/Ranch
Orange Wedges

6TH Steak Fingers or
Chicken Strips
Mashed Potatoes
Green Peas
Buttered Rolls
Baked Apples

7TH Pepperoni Pizza
Corn
Garden Salad/Ranch
Bananas

1ST Turkey/Cheese
PB&J or Anytimers
Baked Chips
Pickles
Baby Carrots/Ranch
Sidekick

8TH Fish Sticks
French Fries
Garden Salad/Ranch
Ketchup
Apple Slices

11TH

12TH

13TH

14TH

15TH

SPRING BREAK!

18TH Spaghetti
w/Meat Sauce
Corn
Garlic Breadstick
Sliced Pears

19TH Soft Beef Tacos
Black Beans
Lettuce/Tomatoes
Cheese Cup
Salsa
Apple Slices

20TH Orange Chicken
Asian Fried Rice
Steamed Broccoli
Mandarin Oranges

21ST Corn Dog
French Fries
Baked Beans
Ketchup/Mustard
Orange Wedges

22ND BBQ Sandwich
Tater Tots
Pickle Spears
Garden Salad/Ranch
Sidekick

25TH Cheesy Chicken
Pasta
Peas & Carrots
Garlic Bread
Mixed Fruit

26TH Beef/Bean Burrito
Refried Beans
Spanish Rice
Garden Salad/Ranch
Salsa
Grapes

27TH Baked Chicken
Mashed Potatoes
w/Gravy
Green Beans
Buttered Roll
Whole Apple

28TH Turkey/Cheese
PB&J or Anytimers
Baked Chips
Burger Salad
Sidekick

29TH

**Good Friday!!!
NO School!**

MAR
MENU 2024

PADRE ISLAND



ANNOUNCEMENTS:

**National School
Breakfast Week
March 4th -8th
Spring Break
March 11th- 15th**

Students must take ½ cup fruit
and/or Vegetable



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Updated 3/1/2024
www.SquareMeals.org