

Karnack ISD Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4TH Mini Pancakes
Sausage Links
CTC Cereal
Cheese Stick
100% Juice

5TH Biscuit/Sausage
Gravy
Scrambled Eggs
Lucky Charms
Cheese Stick
100% Juice

6TH Oatmeal/ Bacon
Apple Cinnamon
Cheerios
Cheese Stick
100% Juice

7TH Banana Muffin
Go-Gurt
CTC Cereal
Cheese Stick
100% Juice

1ST Assorted Cereal
Cereal Bars
Cheese Stick
100% Juice

8TH Breakfast Pizza
Cereal Bars
Cheese Stick
100% Juice

11TH

12TH

13TH

14TH

15TH

SPRING BREAK!

18TH Mini Pancakes
Sausage Links
CTC Cereal
Cheese Stick
100% Juice

19TH Biscuit & Sausage
Lucky Charms
Cheese Stick
100% Juice

20TH Oatmeal/ Sausage
Apple Cinnamon
Cheerios
Cheese Stick
100% Juice

21ST Banana Muffin
Go-Gurt
CTC Cereal
Cheese Stick
100% Juice

22ND Breakfast Pizza
Cereal Bars
Cheese Stick
100% Juice

25TH Mini Pancakes
Sausage Links
CTC Cereal
Cheese Stick
100% Juice

26TH Biscuit & Sausage
Lucky Charms
Cheese Stick
100% Juice

27TH Oatmeal/ Sausage
Apple Cinnamon
Cheerios
Cheese Stick
100% Juice

28TH Banana Muffin
Go-Gurt
CTC Cereal
Cheese Stick
100% Juice

29TH
GOOD FRIDAY!!!
No School!!!

MAR

MENU 2024

PADRE ISLAND



ANNOUNCEMENTS:

National School
Breakfast Week
March 4th-8th

Spring Break
March 11th-15th

Students must take ½
cup Fruit and/or
Vegetable with each
meal daily.

Menus are subject to
change due to product
availability.



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 3/1/2024
www.SquareMeals.org

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Karnack ISD
Lunch Menu

4TH Macaroni and Beef
Steamed Carrots
Buttered Rolls
Applesauce

5TH Crisпитos
Cheese Sauce
Refried Beans
Garden Salad/Ranch
Orange Wedges

6TH Steak Fingers or
Chicken Strips
Mashed Potatoes
Green Peas
Buttered Rolls
Baked Apples

7TH Pepperoni Pizza
Corn
Garden Salad/Ranch
Bananas

1ST Turkey/Cheese
PB&J or Anytimers
Baked Chips
Pickles
Baby Carrots/Ranch
Sidekick

8TH Fish Sticks
French Fries
Garden Salad/Ranch
Ketchup
Apple Slices

11TH

12TH

13TH

14TH

15TH

SPRING BREAK!

18TH Spaghetti
w/Meat Sauce
Corn
Garlic Breadstick
Sliced Pears

19TH Soft Beef Tacos
Black Beans
Lettuce/Tomatoes
Cheese Cup
Salsa
Apple Slices

20TH Orange Chicken
Asian Fried Rice
Steamed Broccoli
Mandarin Oranges

21ST Corn Dog
French Fries
Baked Beans
Ketchup/Mustard
Orange Wedges

22ND BBQ Sandwich
Tater Tots
Pickle Spears
Garden Salad/Ranch
Sidekick

25TH Cheesy Chicken
Pasta
Peas & Carrots
Garlic Bread
Mixed Fruit

26TH Beef/Bean Burrito
Refried Beans
Spanish Rice
Garden Salad/Ranch
Salsa
Grapes

27TH Baked Chicken
Mashed Potatoes
w/Gravy
Green Beans
Buttered Roll
Whole Apple

28TH Turkey/Cheese
PB&J or Anytimers
Baked Chips
Burger Salad
Sidekick

29TH
Good Friday!!!
NO School!

MAR
MENU 2024

**PADRE
ISLAND**



ANNOUNCEMENTS:

**National School
Breakfast Week**

March 4th -8th

Spring Break

March 11th - 15th

Students must take ½ cup fruit
and/or Vegetable



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